

Abstract of the disclosure:

The present invention provides an oral composition comprising crystalline cellulose, and one or more surface active agents selected from the group consisting of alkyl glycoside, polyglycerin fatty acid ester, sucrose fatty acid ester and betaine, which has an excellent shape-holding ability and dispersibility in an oral cavity, does not change a taste of juice after teeth brushing, in addition, has excellent stability with time not causing solid-liquid separation. Moreover, the present invention provides an oral composition comprising a cationic bactericide and crystalline cellulose, which can effectively prevent an oral cavity disease such as a periodontal disease, dental caries and the like by enhancing an ability of the cationic bactericide to reside on a tooth surface.